

## Nesiya Community Internships

All participants who receive financial support from Nesiya are obligated to fulfill a Nesiya Community Internship in an education or non-profit agency. These volunteer experiences are completed in the participant's home community after participating in the Nesiya summer program.

In order to complete an application for any financial support from Nesiya (need and/or merit-based), you must complete and submit the attached Nesiya Community Internship proposal form.

**Nesiya Community Internship experiences should:**

- 1. reflect a commitment to addressing a need in your local community**
- 2. be based in an existing organization (a Jewish organization or a non-profit or education setting in the general community , not including school clubs)**
- 3. take place on a regular basis (ideally, weekly), and include supervision and mentoring by professional and/or volunteer staff**
- 4. focus on helping a specific constituency (for example, children, other teens, elderly, or any underprivileged population) and/or working on behalf of a specific cause (for example, Jewish education, Israel-related causes, the environment, poverty, hunger, child abuse, the disabled, etc.)**

The following proposal form invites applicants to begin thinking about what kind of volunteer experience they would like to fulfill and why, and also to share some of their own ideas about the challenges and opportunities of giving to others.

Please contact Nesiya with any questions or if you would like to brainstorm specific volunteer service ideas for your Nesiya Community Internship Proposal.

### **FAQ**

#### **Who should submit a Nesiya Community Internship proposal form?**

Everyone who applies for need and/or merit-based financial support from Nesiya is required to fill out the following Nesiya Community Internship Proposal Form.

This includes applicants for merit-based Nesiya Community Internship Awards, Nesiya merit-based incentive awards to alumni or applicants to other programs (ie. Genesis, Bronfman, Bima, Etgar, Panim, etc.), and Regional Fellowship applicants. This also includes all those applying for additional need-based support.

#### **When and how will my Community Internship be finalized?**

Community Internship plans will only be finalized after:

- an applicant has been accepted to the Nesiya summer program,
- the applicant submits an additional form attesting to the readiness of a local agency to accept and mentor a volunteer service experience, with a defined number of hours; and,
- the volunteer project has been approved by Nesiya.

Please note that proposals for volunteer service can be changed, by an applicant or by Nesiya, after acceptance to the program or following the summer.

**How many volunteer hours will I be required to complete?**

*(Please note: The terms of specific Regional Nesiya Fellowship Awards, such as in Washington State or Cleveland, may differ from the following terms.)*

The number of hours required for a Community Internship is determined by the amount of funding a participant receives from Nesiya.

The first \$1,500 of financial support from Nesiya carries specific Nesiya fellowship requirements. Any additional support from Nesiya above \$1,500 is considered a grant.

The calculation of specific fellowship requirements is as follows:

- The first \$1,000 of any Nesiya financial award obligates the participant to fulfill 60 hours of an approved community internship (volunteer) experience.
- Nesiya financial awards less than \$1,000 are pro-rated accordingly. (For example, if an applicant receives \$500, he/she must fulfill 30 hours of volunteer service; if an applicant receives \$700, he/she is obligated to fulfill 42 hours of volunteer service.)
- If an applicant receives between \$1,000 and \$1,500 from Nesiya, the participant is required to fulfill a 60 hour community internship experience and repay a maximum of \$500 through approved fellowship activities. For every additional \$10 awarded (above \$1,000), the participant must fulfill one Nesiya Fellowship Credit, up to a maximum of 50 credits. Please see a list of approved Nesiya fellowship activities and equivalent credits in the description of the Nesiya Fellowship Terms.

**How long will I have to complete my Nesiya Community Internship requirements?**

Nesiya Community Internships are usually completed during the academic year immediately following participation in Nesiya's summer Israel program. In some cases, volunteer experiences can be scheduled over a two-year period. Students currently in 12<sup>th</sup> grade are expected to propose projects which they will be able to pursue during college.

## **Nesiya Community Internship Proposal**

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*Please submit your proposal as an attached word document to [info@nesiya.org](mailto:info@nesiya.org) with the subject line "Nesiya Community Internship Proposal." Please indicate in a cover note that both you, the applicant, and one or both of your parents have read and understand the terms of a Nesiya Community Internship.*

Name:

Current Year of High School:

### **Part A. Reflecting on the challenges and opportunities of giving to others:**

- 1) Define your personal concept of "kindness" ("chesed" in Hebrew) in 150 words or less.
- 2) Give examples from your life in which you have learned about resources you have that others need. (Resources include personal qualities, special abilities, as well as time. Examples can include from you life can include situations with friends, family, school, volunteer settings, etc.)
- 3) What problems do you see in your community that you would like to address? Please name at least three problems and briefly explain why they are important to you. Was there a person or event which influenced you to care about one or more of these issues?

### **Part B: Proposed Community Internship**

*Please note that proposals for volunteer service can be changed, by an applicant or by Nesiya, after acceptance to the program or following the summer.*

Please list an agency or educational setting, in the Jewish or general community, where you would like to volunteer. Please note that school clubs are not usually considered acceptable settings for Community Internships.

Please provide a brief description of your volunteer experience, including:

- 1) Need that the project will address
- 2) Population the project will serve
- 3) Potential challenges and rewards
- 4) Why you feel connected to this proposed volunteer project

Do you know someone at the agency whom you can ask to be your internship mentor/supervisor?