



Dear Future Nesiya Participant,

Congratulations on receiving a Fellowship Award for the 2009 Nesiya Summer Israel Experience. We are happy to provide you with financial assistance towards your Nesiya summer in Israel. This letter will explain the terms of the fellowship and inform you how to proceed in order to complete your agreement. By accepting a Nesiya Fellowship, you will be required, with the support of your parents, to design and fulfill a series of volunteer, study, and enrichment activities upon your return home, which build on your experiences in Israel with Nesiya.

Fellowship Terms

1. Fellowship Description

Nesiya Fellowship recipients fulfill their fellowship by completing and participating in activities that are assigned equivalent hour values. The total "value in hours" that you must fulfill is calculated by dividing your total fellowship award by the rate of \$10 per hour. If, for example, you received a \$300 fellowship award, you are responsible for completing activities valued at 30 hours. The maximum fellowship amount for which you are required to fulfill hours is \$1500. Any money you received above this amount is considered a grant, for which you are not required to fulfill any additional activities.

There are three categories of programs and activities that are eligible for Nesiya Fellowship Credit. Nesiya alumni are strongly encouraged to fulfill fellowship obligations by **participating in activities from all three of the following categories.**

- 1) Contributing to Your Community through Service or Education
- 2) Building on Your Experience in Israel
- 3) Sharing Your Israel Experience

Each of these categories is described in the menu below, along with the equivalent hour values.

If you would like to complete a range of different activities in fulfillment of your fellowship obligation, we invite you to consider developing an academic-year-round service or education project, with the support of Nesiya staff. The Nesiya Community Fellows program encourages young people to design a year-round academic-year project, and awards merit-based funding for those who are selected. The 2009 deadline for applying for a Nesiya Community Fellows Award is April 14, 2009. The amount granted by a Nesiya Community Fellows Award is \$1,250.

Whether or not you win one of these awards, you can use your Nesiya Community Fellows proposal to fulfill a Nesiya Fellowship obligation:

- **If you are selected as a Nesiya Community Fellow (which are announced in May) and** receive additional financial support, you are required to complete the equivalent of only 25 Nesiya Fellowship hours from the menu below, in addition to fulfilling the obligations of a Community Fellow, which include completing an academic-year-round service or education project and attending the Nesiya Winter Retreat. An approved Community Fellows project is considered the equivalent of 125 hours or \$1,250. If you received financial support greater than \$1,250, you accept the obligation to complete an additional 25 hours of approved fellowship activities from the Nesiya Fellowship Activities Menu below.



- **If you are not selected as a Nesiya Community Fellow**, but do submit a project proposal, you can develop part or all of your proposed academic-year-round project to fulfill your Nesiya Fellowship obligation. If you would like help exploring this possibility, please contact Leah Solomon, Associate Director (leah@nesiya.org), who will send you the Nesiya Community Fellows timeline and planning documents.
- **If you did not submit a Nesiya Community Fellow proposal**, but would prefer to design and implement a substantial educational or community service project in lieu of completing up to 125 fellowship hours, please fill out the Nesiya Community Fellows Application, posted on the Nesiya website, and send it to Leah (leah@nesiya.org).

2. Timeframe for Completing Your Fellowship Hours

Graduating sophomores (10th grade) have a two-year period (until June 2011) to fulfill their Nesiya Fellowship obligation, but must fulfill at least half of their total hours within the first year after their participation in the summer program (by June 2010).

Juniors and graduating seniors have one year (until June 2010). We encourage graduating seniors to be in contact with Nesiya staff to discuss possibilities for fulfilling the fellowship while in college. Graduating seniors are expected to inform The Nesiya Institute staff of their new college address.

A detailed timeline for completion of your fellowship hours is included below. Please refer to this timeline as you complete your hours and be sure to meet all indicated due dates.

3. Fellowship Advisor

As a Nesiya Institute Fellow you are expected to find an advisor in your local community who will work with you to plan how you will fulfill your Fellowship, and who will support you in the fellowship process. Your fellowship advisor can be someone who wrote a letter of recommendation for you, a Jewish professional or educator in your area, or someone involved in the Jewish Community. Please make sure your fellowship advisor reads a copy of these terms for Nesiya Fellowship support.

You and your advisor should plan to meet before you leave for Israel to discuss your ideas for fulfilling your Fellowship. The Nesiya Institute staff may also be in contact with your advisor.

* * *

To receive the fellowship award, you must complete and return the following three forms to Nesiya, which are enclosed.

1. Nesiya Fellowship Contract (due May 28, 2009)
2. Fellowship Advisor Agreement (due May 28, 2009)
3. Proposal for Fulfilling your Nesiya Institute Fellowship Obligation (due May 28, 2009)

We will work closely with you to make sure that fulfilling your fellowship obligation is fun and meaningful. If you have any questions, or if there is any way we can assist you, please be in touch. We look forward to being a part of your fellowship process.

Charles Herman
Executive Director
cherman@nesiya.org

Leah Solomon
Associate Director
leah@nesiya.org



NESIYA FELLOWSHIP HOURS TIMELINE 2009-2010

The following steps are necessary in order for your fellowship hours to be considered complete:

- **Submit your signed Fellowship Contract for Acceptance.**
- **Find and meet with your fellowship advisor** (within the next month).
- **Submit fellowship proposal AND fellowship advisor agreement** by May 28, 2009 (unless you write and request an extension, saying when you will submit these forms).
- Goals of proposal:** (See proposal form attached.)
 - Prepare outline of fellowship activities and projects in which you want to be involved;
 - Establish goals for fellowship experience.
- **Submit Completed Activities Reports:** September 2009 – June 2010
You can submit these reports as you complete them, but you must submit at least one report by December 15, 2009 and a second report by March 15, 2010.
- **Check-in phone call with Nesiya** by March 31, 2010.
- Goals of call:**
 - Check-in with Nesiya to discuss how your fellowship activities are progressing,
 - Revisit proposal and make any changes if necessary.
- **Submit all completed activities reports and final report with reflections on the fellowship process** by June 1, 2010. (If you are graduating in spring 2011, you need to submit reports for at least 1/2 of your total number of required fellowship hours).
- Goals of the final report:** (See final report questions below.)
 - Reflect on the process of completing your fellowship hours;
 - Evaluate your experience;
 - Share with Nesiya the impact of your activities on yourself and your community;
 - Help Nesiya redefine and improve the fellowship program.



NESIYA FELLOWSHIP ACTIVITIES MENU

The following provides you with suggestions for some of the different kinds of activities in each of the three fellowship categories. To fulfill your fellowship obligation you are strongly encouraged to participate in activities from all three categories. This is by no means a complete list of possible activities. We encourage you to be creative in developing your own ideas for activities. Please contact us to determine if an activity may be used towards fulfilling your fellowship obligation, and its hour value.

1. Community Service Projects and/or Activities Contributing to Jewish Education and Culture in Your Community. (Activities in this category will be valued according to actual hours.)

- Participate in the leadership of youth programming that is related to Israel, Judaism, or the arts. For example, participate in leadership of a Jewish youth council, service projects for children or the elderly, planning an Israel programs fair in your local JCC, organizing a retreat, etc. (maximum 20 hours)
- Volunteer at community service programs within your community
- Volunteer at your community Hebrew school as a tutor or as a teacher's aide.

2. Building on Your Experience with Nesiya

- Participate in The Nesiya Institute Winter Retreat. Valued at **30 hours**.
- Participate in other fall, spring, or regional retreats with Nesiya or other Jewish youth organizations. Valued at **20 hours**.
- Help to plan and/or to recruit participants for The Nesiya Institute Winter Retreat. Valued at **10 hours** plus actual hours.
- Participate in courses in the Hebrew Language, Judaism, and/or Israeli Culture. Valued up to **20 hours**, based on course of study.
- Attend a lecture or workshop in your community about Israel, Judaism and/or religious diversity. Valued at **5 hours**.

3. Sharing Your Israel Experience

- Write about your experiences in Israel (e.g. - the impact it has had on you, or a specific event or discovery), and send a copy to Nesiya. An article that is published in a local publication such as your synagogue bulletin, school paper, local Jewish news or a youth group newsletter is valued at **20 hours**. An essay for a school assignment, college application, or for yourself is valued at **15 hours**. Hours include research, writing, and other time.
- Make a presentation about your Israel experience to the youth committee or board of trustees of your synagogue or JCC, or any group that you organize (minimum of 5 people – including adults and/or teens). Valued at **10 hours** plus actual hours.



- Participate in Nesiya presentations or other events that someone else organizes. Valued at **5 hours** plus actual hours.
- Represent Nesiya at an Israel Fair. Valued at **10 hours** plus actual hours.
- Make phone calls to promote Nesiya Summer Experiences and/or to invite individuals and their parents to specific presentations, meetings, etc. Valued at **2 hours** for every hour of actual time.
- Compile a list of names and contact information (addresses, phone numbers and emails) of your friends and relatives who may be interested in participating in The Nesiya Institute Summer Experiences. Send this list to The Nesiya Institute. Valued at **three hours for every five names you submit.**
- You will receive **10 bonus hours** if someone you recommend applies to and participates in The Nesiya Institute Summer Israel Experiences.



CONTRACT FOR ACCEPTANCE OF A NESIYA INSTITUTE FELLOWSHIP AWARD

(Please sign and return to The Nesiya Institute)

My parents and I have read the description and terms of the Nesiya Institute Fellowship program and we agree to comply fully with them. I understand that I am responsible for fulfilling a series of study and service activities upon my return home, and that these activities will be valued at the approximate rate of \$10 per hour.

My parents and I understand that I am responsible for completing the "Proposal for Fulfilling Nesiya Institute Fellowship Obligation" and submitting it by the deadline. I realize that though my proposal may change over the year, what I will submit represents my best attempt to outline activities that I am committed to fulfilling as a part of my Fellowship Obligation, including the possibility of developing my own activity ideas.

I understand that I am required to follow the Nesiya Fellowship Hours Timeline and to submit all of the required reports, including the proposal, advisor agreement, completed activities reports and final report, by the stated deadlines. I agree to call Nesiya by the scheduled deadlines to check in about the status of my fellowship activities and to consult with Nesiya in case I encounter any problems or need additional help in my fellowship process.

My parents and I understand that both the Nesiya staff and my local advisor will assist me in completing my Fellowship Obligation, and monitor my progress. I agree to meet regularly with my fellowship advisor, according to a schedule determined by my advisor and myself.

_____ My parents and I understand that as a graduating *sophomore* (10th grade) I have a two-year period to fulfill my Fellowship Obligations, but must fulfill at least half of my obligation within the first year after my program (half by June 2010).

_____ My parents and I understand that as a graduating *junior* or *senior* I have a one year period to fulfill my Fellowship Obligations (completed by June 2010). If I am a graduating senior, I understand that I am expected to inform The Nesiya Institute of my new college address for the following year.

My parents and I understand that if I do not fulfill my Fellowship Obligation according to the terms specified, my parents will be required to repay The Nesiya Institute for the unfulfilled amount of my fellowship award.

In addition, we understand that should I be sent home from Israel for a failure to abide by the rules and regulations of The Nesiya Institute, my award will be forfeited and I will be obligated to repay The Nesiya Institute for the full cost of my program.

Name of Participant _____

Address _____ Phone _____

Fellowship amount _____ Fellowship hours _____

Participant's Signature _____ Date _____

Parent's Signature _____ Date _____

THIS AGREEMENT IS BINDING

Please send the original to Nesiya and keep a copy for your records.

Inspiring Journeys

The Nesiya Institute • www.nesiya.org • info@nesiya.org
220 Fifth Avenue #1301 • New York, NY 10001 • (212) 951-7128
16 Bilu Street, POB 10111 • Jerusalem 91101, Israel • (972-2) 561-1996



THE NESIYA INSTITUTE FELLOWSHIP ADVISOR AGREEMENT

(Please sign and return to The Nesiya Institute by May 28, 2009)

I have read "The Nesiya Institute Terms for Scholarship and Fellowship Support" and I agree to support _____ in fulfilling her/his fellowship in our community.
Participant's Name

Specifically, I agree to meet with _____ regularly, on a
Participant
schedule we determine together, upon her/his return from Israel, and to guide, monitor, and support her/his follow-up activities until they have been fulfilled.

* * * *

Name _____ Title _____

Relationship to Nesiya Institute Participant _____

Address _____

Telephone Number (____) _____

E-mail _____

Signature _____ Date _____

Nesiya Participant's Signature _____

Please return to:

The Nesiya Institute

220 Fifth Avenue #1301
New York, NY 10001
Fax: 212-951-7174

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**PROPOSAL FOR FULFILLING THE
2009 NESIYA INSTITUTE FELLOWSHIP**

(Please return to Nesiya by September 25, 2009)

Name: _____

Name of Fellowship Advisor: _____

Amount of Fellowship Received: \$ _____

Number of equivalent hours obligated to fulfill: _____ (divide dollar amount above by ten)

I propose to fulfill my Fellowship Obligation in the following ways from the period of September 2009 – June 2010: Please consult letter for activity suggestions. (Feel free to use separate paper and your own format.)

Fellow's Signature: _____ Date: _____

Advisor's Signature: _____ Date: _____

-OVER-

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A. Community Service Projects and Activities Contributing to Jewish Education and Culture in Your Community

Activity _____ Date _____ Hour value _____

1.

2.

3.

Subtotal of hour value _____

B. Building on your Experience with Nesiya

Activity _____ Date _____ Hour value _____

1.

2.

3.

Subtotal of hour value _____

C. Sharing Your Israel Experience

Activity _____ Date _____ Hour value _____

1.

2.

3.

Subtotal of hour value _____

TOTAL HOUR VALUES _____

Please return by September 25, 2009 to:

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New York, NY 10001
Fax: 212.951.7174

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NESIYA FELLOWSHIP FINAL REPORT AND REFLECTIONS

Please return by June 1, 2010

1. Please write an overview of the fellowship activities you did this year. Which did you most enjoy? Which were the most meaningful and/or educational? Were there any activities you did not enjoy?
2. Were you able to accomplish the goals you laid out at the beginning of the year? If so, which goals? Did you encounter any challenges in accomplishing these goals? How did you solve these problems? Who/what helped/motivated you to overcome these obstacles?
3. How do you suggest that Nesiya improve the fellowship program? What were the most beneficial aspects of the process? What would you eliminate from the process? How could Nesiya have been more helpful to you in completing your fellowship obligation?
4. Please write a brief response (on a separate sheet) to **one** of the following topics:
 - Something new you learned about yourself or your community;
 - A short-story or poem based on something you did for your fellowship activities;
 - How your fellowship experience related to your Nesiya experience and/or helped you incorporate Nesiya values into your everyday life;
 - The impact, large or small, you made on an individual and/or community.

You may submit the form by mail or fax, or send your responses by email to info@nesiya.org

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