

Dear Future Nesiya Participant,

Congratulations on receiving a Fellowship Award for the 2010 Nesiya Summer Israel Experience. We are happy to provide you with financial support towards your Nesiya summer in Israel. This letter and enclosed documents will explain the terms of the fellowship and inform you how to proceed in order to fulfill your fellowship obligations.

By accepting a Nesiya Fellowship, you are required, with the support of your parents, to fulfill a Community Internship project upon your return home, for which you should have already submitted a proposal form to the Nesiya office. If you are receiving more than \$1,000 in financial support, you will also be required to fulfill a series of additional enrichment, study, and volunteer activities, which build on your experiences in Israel with Nesiya.

This packet includes the following documents relating to your Nesiya Fellowship:

Documents:

- | | |
|---|--|
| <ul style="list-style-type: none">• Fellowship Terms and Description – Information regarding your Nesiya Community Internship, as well as the range of activities in which you may participate in order to fulfill your additional fellowship obligations (for fellowships over \$1,000), and the number of Fellowship Credits each activity will fulfill. | Return by:
Do not return |
| <ul style="list-style-type: none">• Timeline for Completing Fellowship Obligations – Explains the different steps involved in completing your fellowship, and by when each step must be completed. | Do not return |
| <ul style="list-style-type: none">• Internship Advisor Agreement – You are expected to find a staff person from the local agency in which you intend to fulfill your Community Internship, who will serve as your Internship advisor. Please share a copy of your Community Internship Proposal with your advisor. Your advisor will be responsible for supporting you throughout your volunteering experience over the coming year. Your advisor must sign and return the enclosed agreement, indicating that s/he understands and commits to the role of internship advisor. | June 25, 2010 |
| <ul style="list-style-type: none">• Fellowship Contract – You need to sign and return this contract prior to leaving for Israel, in order to finalize your fellowship. | June 25, 2010 |
| <ul style="list-style-type: none">• Proposal for Fulfilling Additional Fellowship Obligations (for fellowships of more than \$1,000) – This form is designed to help you think through and design your additional fellowship activities, and to share with us your planning process. | June 25, 2010 |
| <ul style="list-style-type: none">• Status Reports and Check-Ins – During the year in which you complete your fellowship, you must submit three written status reports, as well as complete accompanying phone check-ins with Nesiya staff. This document describes the reports you are required to submit. | Report 1: Sept. 30, 2010
Report 2: Jan. 30, 2011
Report 3: June 30, 2011 |

We will work closely with you to make sure that fulfilling your fellowship obligation is meaningful and fun. If you have any questions, or if there is any way we can assist you, please be in touch. We look forward to being a part of your fellowship process.

Charles Herman
Executive Director
cherman@nesiya.org

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Associate Director
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FELLOWSHIP TERMS AND DESCRIPTIONS

The first \$1,500 of financial support from Nesiya carries specific Nesiya fellowship requirements. Any additional support from Nesiya above \$1,500 is considered a grant.

Your fellowship obligations are as follows:

- **All fellowship recipients** are obligated to fulfill a Nesiya Community Internship – an approved community volunteer experience in an education or non-profit agency – of up to 60 hours.
- **If you are receiving up to \$1,000** in support, you are required only to fulfill a Nesiya Community Internship of 60 hours. If your fellowship is less than \$1,000 your fellowship obligations are pro-rated accordingly. (For example, if you receive \$500, you must fulfill 30 hours of volunteer service; if you receive \$700, you are obligated to fulfill 42 hours of volunteer service.)
- **If you are receiving \$1,000 or more** in support, you must fulfill 60 hours of service through your Community Internship, as well as additional approved fellowship activities. You are obliged to fulfill fellowship obligations for up to a maximum of \$500 through these additional activities (see below for more information).

Nesiya Community Internships

By this point, you should have already submitted a Nesiya Community Internship Proposal Form. (If you have not done so, you should download this form from the Nesiya Website and submit it immediately.) We will soon be in touch with you to confirm whether your Community Internship Proposal has been accepted, and if not, whether you need to submit a new proposal, or modify your existing proposal.

Your plan for your Community Internship will only be finalized after:

- you submit the enclosed Advisor Agreement attesting to the readiness of a local agency to accept your volunteer service experience with a defined number of hours, and the willingness of a staff person within the agency to serve as your advisor; and,
- your volunteer project has been approved by Nesiya.

As a Nesiya Fellow you will be expected to fulfill the Community Internship project you designed and submitted. You will be permitted, with approval from Nesiya, to propose and complete an alternative project following your Nesiya summer in Israel, if you are unable to complete your project as originally proposed, or if you find another project that you are more interested in fulfilling.

As stated in the proposal form, your Community Internship project should:

1. reflect a commitment to addressing a defined need in your local community
2. be based in an existing organization (a Jewish organization or a non-profit or education setting in the general community)
3. take place on a regular basis (ideally, weekly), and include regular supervision and mentoring by professional and/or volunteer staff
4. focus on helping a specific constituency (for example, children, other teens, elderly, or any underprivileged population) and/or working on behalf of a specific cause (for example, Jewish education, Israel-related causes, the environment, poverty, hunger, child abuse, the disabled, etc.)

Please note that school clubs, and independent projects that are not connected to the work of an existing agency, will usually not qualify as an acceptable Nesiya Community Internship. The hallmarks of an acceptable project are that it takes place as part of the effort of an existing non-profit agency whose work is supervised in an ongoing way by professional and/or volunteer staff, and it responds to a defined and ongoing need.

Additional Fellowship Obligations (for fellowships between \$1,000-1,500)

If you are receiving more than \$1,000 in support, you are required to fulfill additional fellowship activities, each of which will earn you a certain number of Fellowship Credits. For every \$10 awarded above \$1,000, you must fulfill one Fellowship Credit, up to a maximum of 50 credits. (If, for example, you received a \$1,300 fellowship award, you are responsible for completing your Nesiya Community Internship plus 30 Fellowship Credits.) The maximum fellowship amount for which you are required to complete Fellowship Credits is \$1,500 – including 60 hours of a Nesiya Community Internship plus 50 Fellowship Credits.

Please note that Nesiya conducts an annual week-long Winter Retreat on the East Coast during winter break, which a majority of recent Nesiya summer program participants usually attend. Attendance at the retreat is strongly encouraged, and generous fellowship credit is awarded for your participation.

There are three categories of programs and activities that are eligible for Nesiya Fellowship Credits. Nesiya alumni are encouraged to fulfill fellowship obligations by participating in activities from all three categories:

- 1) Building on Your Experience in Israel
- 2) Sharing Your Israel Experience
- 3) Contributing to Your Community through Service and/or Jewish Education

Each category is described in the menu below, along with the number of Fellowship Credits each activity is worth.

Fellowship Activities Menu

The following provides you with suggestions for some of the different kinds of activities in each of the categories. This is by no means a complete list of possible activities. We encourage you to be creative in developing your own ideas for activities. Please contact us to determine if an activity may be used towards fulfilling your fellowship obligation, and to determine its value in Fellowship Credits.

<i>Building on Your Experience in Israel</i>	<i>Value</i>
Participate in The Nesiya Institute Winter Retreat.	35 Credits
Participate in other retreats with Nesiya or other Jewish youth organizations.	5 Credits per day
Help to plan and/or to recruit participants for the Nesiya Winter Retreat.	2 Credits per hour
Participate in courses in Hebrew language, Judaism, and/or Israeli culture.	up to 20 Credits, based on course of study
Attend a lecture or workshop about Israel, Judaism and/or religious diversity.	1 Credit per hour
<i>Sharing Your Israel Experience</i>	<i>Value</i>
Write about your experiences in Israel with Nesiya, and get the article published in a local publication (e.g. synagogue bulletin, school paper, local Jewish newspaper, youth group newsletter, etc.), and send a copy to Nesiya.	20 Credits
Write about your experiences in Israel for a school assignment, college application essay, or for yourself, and send a copy to Nesiya	10 Credits
Make a presentation about your Israel experience to a group at your synagogue, JCC, or any group that you organize (minimum of 5 adults and/or teens).	10 Credits
Participate in Nesiya presentations or other events that someone else organizes.	2 Credits per hour
Represent Nesiya at an Israel Fair.	2 Credits per hour
Make phone calls to promote Nesiya summer programs and/or to invite individuals and their parents to specific presentations, meetings, etc.	2 Credits per hour
<i>Contributing to Your Community through Service or Jewish Education</i>	<i>Value</i>
Participate in the leadership of youth programming that is related to Israel, Judaism, or the arts. For example: a Jewish youth council, service projects for	2 Credits per hour, maximum 20 Credits

children or elderly, planning an Israel programs fair, organizing a retreat, etc.	
Volunteer at community service programs within your community	2 Credits per hour
Volunteer at your community Hebrew school as a tutor or as a teacher's aide.	2 Credits per hour

TIMELINE FOR COMPLETING FELLOWSHIP OBLIGATIONS

Nesiya Fellowship Recipients have a one-year period to fulfill their obligations. In some cases, permission can be requested to fulfill one's obligations over a two year period.

We encourage graduating seniors to be in contact with Nesiya staff to discuss possibilities for fulfilling the fellowship while in college. Graduating seniors are expected to inform The Nesiya Institute staff of their new college address.

The following steps are necessary in order for your fellowship obligations to be considered complete:

Submit your Nesiya Community Internship Proposal	immediately, if you have not already done so
Find and Meet with your Fellowship Advisor	by June 25, 2010
Submit Internship Advisor Agreement	by June 25, 2010
Submit your signed Contract for Acceptance	by June 25, 2010
Submit Preliminary Status Report and Accompanying Phone Check-In	by June 25, 2010
Submit Mid-Year Status Report and Accompanying Phone Check-In	by January 30, 2011
Submit Final Report and Reflections	by June 30, 2011

**NESIYA INSTITUTE FELLOWSHIP AWARD
CONTRACT FOR ACCEPTANCE**

My parents and I have read the Terms and Description of the Nesiya Institute Fellowship and we agree to comply fully with them. I understand that I am responsible for fulfilling a Community Internship of up to 60 hours, as described in that document, upon my return home from Israel. If I received a fellowship of over \$1,000 I understand that I am responsible for fulfilling a series of additional fellowship activities, and that these activities will be valued at the rate of \$10 per Fellowship Credit, as defined in the Fellowship Terms and Description.

My parents and I understand that if I received a fellowship of over \$1,000, I am responsible for completing the Proposal for Fulfilling Additional Fellowship Obligations and submitting it by the deadline.

I understand that I am required to follow the Timeline for Completing Fellowship Obligations and to submit all of the required reports, including the proposal, advisor agreement, preliminary report, mid-year status report, and final report, by the stated deadlines. I agree to call Nesiya by the scheduled deadlines to check in about the status of my Community Internship and additional fellowship activities and to consult with Nesiya in case I encounter any problems or need additional help in my fellowship process.

My parents and I understand that both the Nesiya staff and my local advisor will assist me in completing my Community Internship and additional fellowship activities, and monitor my progress. I agree to meet regularly with my volunteer internship advisor, according to a schedule determined by my advisor and myself.

My parents and I understand that I have a one year period to fulfill my fellowship obligations. If I am a graduating senior, I understand that I am expected to inform The Nesiya Institute of my new college address for the following year.

My parents and I understand that if I do not fulfill my fellowship obligations according to the terms specified, my parents will be required to repay The Nesiya Institute for the unfulfilled amount of my fellowship award. In addition, we understand that should I be sent home from Israel for a failure to abide by the rules and regulations of The Nesiya Institute, my award will be forfeited and I will be obligated to repay The Nesiya Institute for the full cost of my program.

Name of Participant _____

Address _____ Phone _____

Fellowship amount _____ Fellowship hours _____

Participant's Signature _____ Date _____

Parent's Signature _____ Date _____

THIS AGREEMENT IS BINDING

Please send the original to Nesiya by June 25, 2010 and keep a copy for your records.

THE NESIYA INSTITUTE COMMUNITY INTERNSHIP ADVISOR AGREEMENT
(Please sign and return to Nesiya by June 25, 2010 by mail, or email to info@nesiya.org)

You are expected to find a staff person from the local agency in which you intend to fulfill your Community Internship, who will serve as your Internship advisor. Please share a copy of your Community Internship Proposal with your advisor. Your advisor will be responsible for supporting you throughout your volunteering experience over the coming year. Your advisor must sign and return the enclosed agreement, indicating that s/he understands and commits to the role of internship advisor.

You and your Advisor should meet before you leave for Israel to review the requirements of a Community Internship, the number of volunteer hours that you are required to fulfill, the volunteer work you will be doing and, ideally, to discuss your Nesiya Community Internship Proposal. The Nesiya Institute staff may also be in contact with your Advisor.

Your Advisor should sign and complete the agreement below:

* * * *

I understand that a Community Internship must:

1. reflect a commitment to addressing a defined need in the local community
2. be based in an existing organization (a Jewish organization or a non-profit or education setting in the general community)
3. take place on a regular basis (ideally, weekly), and include regular supervision and mentoring by professional and/or volunteer staff
4. focus on helping a specific constituency (for example, children, other teens, elderly, or any underprivileged population) and/or working on behalf of a specific cause (for example, Jewish education, Israel-related causes, the environment, poverty, hunger, child abuse, the disabled, etc.)

I agree to support _____ in fulfilling her/his volunteer internship in our agency,
Participant's Name

Name of Agency

Specifically, I agree to:

- meet with the volunteer regularly upon his/her return from Israel, on a schedule we determine together, to guide, monitor, and support the volunteer's Community Internship work within the above agency
- communicate with Nesiya staff as needed regarding the status of the volunteer's work and notify the Nesiya staff of any challenges that may hinder the completion of the Community Internship Project
- provide a summary statement addressing the quality and efficacy of the volunteer project at the end of the fellowship year

Name _____ Organization _____

Title _____ Relationship to Nesiya Participant _____

Address of Organization _____

Telephone Number (____) _____ E-mail _____

Signature _____ Date _____

Nesiya Participant's Signature _____

PROPOSAL FOR FULFILLING ADDITIONAL FELLOWSHIP OBLIGATIONS

(For fellowships more than \$1,000. Please return to the Nesiya Office by June 25, 2010)

Name: _____

Amount of Fellowship Received: \$ _____

Number of Nesiya Fellowship Credits obligated to fulfill: _____

Please note: Additional Nesiya Fellowship obligations are assumed by recipients who receive more than \$1,000 in support from Nesiya. The maximum number of Fellowship Credits anyone is required to fulfill is 50 (this is in addition to your Community Internship hours). **To calculate the number of Credits you are required to fulfill, subtract \$1,000 from the dollar amount above, and then divide by ten.** If the number you receive is 50 or greater, you are required to fulfill only 50 Credits.

I propose to fulfill my additional Fellowship Obligation in the following ways over the coming year. (Please refer to the Fellowship Activities Menu to determine the number of Fellowship Credits each activity is worth. Feel free to use separate paper.)

Building on your Experience with Nesiya

Activity	Date/Duration	Fellowship Credits
1.		
2.		
3.		
		Subtotal of Fellowship Credits _____

Sharing Your Israel Experience

Activity	Date/Duration	Fellowship Credits
1.		
2.		
3.		
		Subtotal of Fellowship Credits _____

Community Service and Activities Contributing to Jewish Education and Culture

Activity	Date/Duration	Fellowship Credits
1.		
2.		
3.		
		Subtotal of Fellowship Credits _____

TOTAL FELLOWSHIP CREDITS _____

Fellow's Signature: _____ Date: _____

STATUS REPORTS AND CHECK-INS

The status reports that you are required to submit throughout the year should not be a cause of stress to you, or take too long to complete. The Nesiya staff wants to know how your Community Internship and other activities are progressing and to be available to help and support you. You can format the reports in a way that is most fitting to your individual internship and activities, but we request that you answer the questions specified below. Please submit the reports via email to info@nesiya.org by the specified deadlines.

Preliminary Status Report (due September 30, 2010)

Community Internship:

1. How has your volunteer internship changed since you submitted your proposal? (If there have been significant changes, you need to submit a revised project proposal.)
2. What is the projected timeline of your internship? How often are you volunteering, and for how many hours each time?
3. Are you getting the support and supervision that you need from your Internship Advisor?
4. Based on your initial volunteer experiences, what challenges do you anticipate? How will you overcome these challenges?

Additional Fellowship Activities:

1. Submit Proposal for Fulfilling Additional Fellowship Obligations, if you have not already done so.
2. Briefly describe any activities you have already completed for fellowship credit. Include specific details, such as the planning process, date of the activity, who else was involved in the activity, your impressions of how it went, and how many Fellowship Credits you estimate you should receive for each activity (please refer to the Fellowship Activities Menu). If the activity involved writing an article or speech, please attach a copy.

In addition, please list the names, emails, addresses and phone numbers of any individuals who may be interested in receiving more information about the Kehillah Summer Israel Experience.

Phone Check-In:

After submitting your preliminary report, make a time to speak with Nesiya staff to discuss your how volunteer internship is going, and in what additional activities you hope to participate.

Mid-Year Status Report (due January 15, 2011)

Community Internship:

1. What has been successful thus far in the completion of your Internship? What is one of your proudest moments related to your project?
2. What challenges have you come up against? Who or what helped you to overcome these obstacles?
3. You have now been engaged in your internship for over four months. What impact do you see yourself and your internship having?
4. What aspects of the internship do you need assistance with? How do you plan on getting this assistance?
5. What have you learned from your interactions with your internship advisor and/or other volunteers?

Additional Activities:

1. Briefly describe each activity you have done for fellowship credit since your last report. Include specific details, such as the planning process, date of the activity, who else was involved in the activity, your impressions of how it went, and how many Fellowship Credits you estimate you should receive for each

activity (please refer to the Fellowship Activities Menu). If the activity involved writing an article or speech, please attach a copy.

In addition, please list any additional names, emails, addresses and phone numbers of any individuals who may be interested in receiving more information about the Kehillah Summer Israel Experience.

Phone Check-In:

After submitting your mid-year status report, make a time to speak with Nesiya staff to discuss the progress of your internship and additional activities, and share accomplishments to date.

Final Report and Reflections (due June 30, 2011)

Community Internship

1. Please list the successes of your internship and concrete outcomes.
2. Have you addressed the need you sought to fill in the community and if so, how?
3. Were you unable to accomplish certain goals laid out in the beginning of the year? If so, which goals? What made it difficult to accomplish these goals?

Additional Activities:

1. Briefly describe each activity you have done for fellowship credit since your last report. Include specific details, such as the planning process, date of the activity, who else was involved in the activity, your impressions of how it went, and how many Fellowship Credits you estimate you should receive for each activity (please refer to the Fellowship Activities Menu). If the activity involved writing an article or speech, please attach a copy.
2. Please write an overview of the additional fellowship activities you did this year. Which did you most enjoy? Which were the most meaningful and/or educational? Were there any activities you did not enjoy?

General Questions about the Fellowship Program:

1. Please write a one-page response to **one** of the following topics:
 - Something new you learned about yourself or your community
 - Lessons you are taking away from this project
 - A short story or poem about your Community Internship or one of your fellowship activities
 - How your fellowship experience related to your Nesiya experience or helped you incorporate the values you gained in Nesiya into your everyday life
 - The impact, large or small, you made on an individual and/or community
 - A challenge you overcame and why you are proud of yourself
2. How do you suggest that Nesiya improve the Fellowship program? What were the most beneficial aspects of the process? What would you eliminate from the process? How could Nesiya have been more helpful to you in completing your Community Internship and additional activities?